Family Swim
Adult Swim
Swim Lessons
Memorial Hospital Therapy
Arthritis Exercise

Union County Family YMCA Warm Pool Schedule

Effective July 21st, 2008

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
5:30 AM	YMCA CLOSED	Adult Swim 5:30-7:00	Adult Swim 5:30-7:30	Adult Swim 5:30-7:00	Adult Swim 5:30-7:30	Adult Swim 5:30-8:00	YMCA CLOSED	5:30 AM
6:00 AM								6:00 AM
6:30 AM								6:30 AM
7:00 AM		Arthritis Class 7-7:45 AM		Arthritis Class 7-7:45 AM			Family Swim	7:00 AM
7:30 AM							Arthritis Class 7:30-8:15 AM	7:30 AM
8:00 AM		Arthritis Class 8-8:45 AM	Arthritis Class 8-8:45 AM	Arthritis Class 8-8:45 AM	Arthritis Class 8-8:45 AM	Arthritis Class 8-8:45 AM		8:00 AM
8:30 AM							Family Swim	8:30 AM
9:00 AM		Adult Swim 8:45 -11:00						9:00 AM
9:30 AM							Family Swim	9:30 AM
10:00 AM								10:00 AM
10:30 AM								10:30 AM
11:00 AM		FAMILY OPEN SWIM 11:00-1:00	FAMILY OPEN SWIM 11:30-1:00					11:00 AM
11:30 AM								11:30 AM
12:00 PM								12:00 PM
12:30 PM								12:30 PM
1:00 PM	FAMILY OPEN SWIM	Hospital Therapy 1:00-4:00	Hospital Therapy 1:00-4:00	Hospital Therapy 1:00-4:00	Hospital Therapy 1:00-4:00	Hospital Therapy 1:00-4:00		1:00 PM
1:30 PM								1:30 PM
2:00 PM								2:00 PM
2:30 PM								2:30 PM
3:00 PM	Pool Closes @ 3:45							3:00 PM
3:30 PM								3:30 PM
4:00 PM		Family Swim	ADULT SWIM 4:00-5:00					4:00 PM
4:30 PM								4:30 PM
5:00 PM		Arthritis 5:15-6:00		Arthritis 5:15-6:00				5:00 PM
5:30 PM							Pool Closes @ 5:45	5:30 PM
6:00 PM	YMCA CLOSED	Adult Swim	FAMILY OPEN SWIM					6:00 PM
6:30 PM								6:30 PM
7:00 PM						Pool Closes @ 6:45		7:00 PM
7:30 PM		Family Swim				YMCA CLOSED	YMCA CLOSED	7:30 PM
8:00 PM								8:00 PM
8:30 PM								8:30 PM
9:00 PM								9:00 PM
		Pool Closes @ 9:15						