



Welcome

Welcome to the Union County Family YMCA!

The Union County Family YMCA is an association of members who come together to build good health, strong families, and a sense of belonging. As a YMCA member, you become part of a thriving community of people working together to achieve their individual goals.

The Union County Family YMCA gives members the tools you need to develop a healthy lifestyle, build self-confidence, and meet the challenges of our everyday life. Quality programs and classes, new and improved facilities, plus dedicated staff members put the YMCA mission to work every day – strengthening each member in spirit, mind and body. YMCA core values-Honesty, Caring, Respect, Service and Responsibility-are incorporated in all activities and programs.

YMCA membership is more than access to programs and facilities. As a YMCA member, you can help set the course for our future.

The Union County Family YMCA is committed to making membership and program participation available to families and individuals, regardless of their ability to pay full fees.

Thank you for choosing the Union County Family YMCA. It is our privilege to serve you!

Rick Shortell
CEO / Executive Director

**TO PUT CHRISTIAN PRINCIPLES INTO PRACTICE THROUGH PROGRAMS
THAT BUILD HEALTHY SPIRIT, MIND AND BODY FOR ALL.**

Staff at the YMCA

CEO / Executive Director	Rick Shortell
Sr. Membership Director	Michelle Anderson
Fitness Coordinator	Erika Smiley
Wellness Coordinator	Josefina Alvarez
Group Exercise Coordinator	MaryAnne Couchman
Aquatic Coordinator	Tracy Zimmerman
Childcare Coordinator	Christi Grubbs
Gymnastics Coordinator	Amber Calvert
Sports Coordinator	Scott Alleman
Administrative Assistant	Inge Witt
H.R. Assistant	Michelle Pever

Code of Conduct

In keeping with the Union County Family YMCA mission of providing programs that will help you grow spiritually, mentally and physically, the Union County Family YMCA has established a code of conduct. In order to provide a positive atmosphere at the Union County Family YMCA it is essential that all participants:

- Show respect for other participants and staff
- Avoid altercations and fighting
- Avoid the use of abusive or offensive language
- Abide by the posted regulations in activity areas

Violations of the Code of Conduct may be grounds for suspension of membership privileges. Repeated or flagrant violations will be grounds for permanent revocation of membership privileges. Terminated memberships will not be refunded.

Non-Discrimination Policy

Participation at the Union County Family YMCA is open to all regardless of gender, race, color, national origin, age, religion, disability, military status, sexual orientation, and socioeconomic level. The YMCA provides scholarship assistance for those unable to pay the program and/or membership fees.

YMCA Building Hours

Monday – Friday	5:30 a.m. – 9:00 p.m.
Saturday	7:00 a.m. – 6:00 p.m.
Sunday	1:00 p.m. – 6:00 p.m.

Winter Weather Policy

Safety is a concern especially during the winter months as road conditions can become uncertain. If Union County is under a Level 1 Snow Emergency, the YMCA will continue all programs and remain open

normal hours. However, if Union County is under a Level 2 Snow Emergency, the YMCA reserves the right to open at a later time, close early or cancel programs/ classes to ensure the safety for all members and staff. If Union County is under a Level 2 Snow Emergency, it is best to call and determine the status of the YMCA. If Union County is under a Level 3 Snow Emergency, the YMCA will not be open and all activities are cancelled.

Holiday Schedule

The YMCA will be closed on the following holidays:

- New Years Day
- Easter
- Memorial Day
- Independence Day
- Labor Day
- Thanksgiving Day
- Christmas

We will also have limited hours on Christmas Eve and New Years Eve. Signs will be posted in advance of special Holiday Hours.

Joiner Fee

All new memberships will pay a one-time joiner fee, as long as your membership remains current. A thirty (30) day grace period will be granted to those wishing to rejoin after their membership has lapsed.

<u>Membership Category</u>	<u>Joiner Fee</u>
Family & Senior Family	\$60.00
Adult & Senior Adult	\$40.00
Youth	\$35.00

Membership Payments

Your membership can be paid in one of three ways:

Monthly Bank or Credit Card Draft– An easy way to pay as you go! Your checking, savings, or credit card is debited one time per month (5th or 20th of the month). This is the preferred method of payment.

Annual Payment – Membership fee may be paid in full upon joining and yearly thereafter. Cash, check or credit card payments are accepted.

Semi-Annual Payment – Annual membership fee may be paid in two six (6) month installments with first six

months due at time of joining and invoiced for second half of six months.

**YOUR MEMBERSHIP CARD MUST BE
SCANNED EVERY TIME YOU ENTER THE
YMCA. LOST CARDS WILL BE REPLACED
FOR A \$5.00 FEE.**

Membership Rates- effective 2011

<i>Membership Category</i>	<i>Monthly Draft</i>
Family (incl. all IRS allowable Dependents or grandparents can include grandchildren under age 18)	\$63.00
Senior Family (one individual must be 60)	\$53.00
Senior Adult (60 and older)	\$38.00
Adult	\$42.00
Youth (18 and under if still in high school)	\$20.00

*All monthly rates include 6.75% sales tax.

**Rates will occasionally change. Prior notice will be given for any changes.

Guest Pass Policy

Members with long-term memberships are allowed up to three (3) guest passes per year for each household. Members may bring additional guests for an additional fee. Members must be with the guest when they come.

- Youth Day Pass with Member - \$5.00
- Adult Day Pass with Member - \$10.00
- Family Day Pass with Member - \$20.00

Membership Cancellations

No refunds will be issued on membership dues unless authorized by the Membership Director. All membership cancellations are required to give a 30 day written notice otherwise drafts will continue within that 30 day period. Once notice is given, the account may draft one additional time until the request is processed.

Hold Policy

Membership may be placed on hold for a minimum of one month for reasons such as extended vacations or medical reasons. There is a \$10 monthly charge to place your membership on hold. All requests must be made in writing at least two weeks prior to desired hold date. Annual memberships must pay hold fee when the request is made. All hold requests will be approved by the Membership Director.

Corporate Memberships

The YMCA is proud to work with the companies who invest in the good health of their employees. The YMCA has several local organizations that received a corporate discount. If you work for businesses in the Marysville area, you can check at the front desk whether they receive a discount.

Attire

Workout apparel and athletic shoes must be worn in all workout areas of the facility, the gymnasium and racquetball areas.

Food and Beverages

Food and beverage are allowed in the front lobby only. Food and drink are not permitted in any workout area with the exception of bottled water. This includes the gym, racquetball courts, fitness center, aerobics studio and aquatic center.

Financial Assistance

At the Union County Family YMCA we do not turn away anyone due to their inability to pay. Scholarship dollars provide membership and program assistance to those who would otherwise be unable to participate. Financial assistance is available to those who qualify. Assistance is granted on the basis of financial need resulting from low income, hospital expenses, etc. Applications can be found at the front desk.

Lockers

Clothing and other personal belongings not in use shall be stored in the lockers provided by the YMCA. The YMCA is not responsible for personal items brought into the building. We recommend that you bring a lock for your locker, but locks must be removed by the end of the day.

A limited number of lockers are available for rent. Locker rentals are rented on an annual and semi-annual basis. All other lockers are for *day use only*. Locks must be removed daily.

	Annual	Semi-Annual
Large Locker	\$60	\$30
Small Locker	\$40	\$20

Family Locker Rooms

Mothers and fathers with opposite gender children must use the Family Locker Rooms. These locker rooms are also available to anyone with a disability or needing a private changing area. Please take advantage of these locker rooms and be considerate of those other members without children.

Fitness Center Age Policy

Members 9-12 years of age must complete the YMCA Youth Orientation class (parents must attend orientation with child), then with a parent present, may utilize the fitness center. Members 13-15 years of age must complete the YMCA Youth Orientation class (parents encouraged to attend orientation with child), then may utilize the fitness center on their own. Youth will obtain a wristband from the orientation instructor. A \$1.00 fee will be charged for any replacement wristbands.

Facility Age Policy

For their safety, children under the age of 10 are not permitted in the facility without adult supervision. Children under 10 are not permitted in the Aquatic Center without adult supervision.

Children 10 years and older may use the gym, the lap pool and racquetball courts only without a parent present in the facility. Children 10-14 years old may not exceed 3 hours at the YMCA without a parent/adult with them. Children without a parent present need to be picked up by the closing of the facility. Please make

pick-up arrangements for your child(ren) prior to their use of the YMCA.

The Kidzone is available for children 6 weeks to 9 years old. Additional fees apply for Kidzone

Playground Policy

Children under 12 years old must be supervised by an adult when using the YMCA playground

Swimming Pool Age Policy

Warm Water Pool - Children ages 5-15 must have a parent/adult present on the deck or pool with them. Children 4 years and younger must have a parent/adult swimming with them. A lifeguard is not required to be on duty in warm water pool.

Lap Pool – Children 10 years and older may swim in the lap pool without a parent present. Children 5-9 years old may swim with a parent/adult present on the deck or pool with them. Children 4 years and younger must have a parent/adult swimming with them.

Program Enrollment

The Union County Family YMCA offers a variety of classes and special events. The following guidelines apply to program registration.

- Advance registration with full payment is required for all programs.
- Accounts may not have a balance for membership fees when registering for a program.
- Class registrations will not be held without payment.
- If a program is cancelled by the YMCA, a full refund or credit will be given.

Program Refund Policy

Refunds may be authorized only by written request. Full refunds are only given with a doctor's request or if the YMCA cancels a class. A minimum \$5 administrative fee will be assessed to all other refunds. Refunds will take 2-3 weeks to process. The Program Director will determine exact refund amount. Credits can only be used for up to 12 months from issue date.

Annual Sustaining Campaign

The YMCA's Annual Sustaining Campaign allows friends of the YMCA to make a donation so no child will ever have to be turned away from the YMCA. You

can help make a difference in the lives of the children in our community.

KIDZONE (Nursery/Babysitting)

Babysitting service is provided for members and potential members during posted hours of service. Parents must be in the building. If your child is displaying symptoms of illness, please do not bring your child to the YMCA.

HOURS

Monday – Friday	8:00 a.m. to 1:15 p.m.
Monday – Thursday	4:15 p.m. to 8:15 p.m.
Saturday	8:00 a.m. to 12:00 p.m.

FEES

Payment is collected at the Customer Service Desk and passes must be purchased prior to entering KIDZONE.

Rates: effective Jan. 2, 2012

Daily: \$2 per child for YMCA Members & Non-Members

Monthly: \$15 for one child
\$30 for multiple children

Volunteer Opportunities

You can help change anyone's life at the YMCA. If you share our same philosophy, please consider becoming a YMCA volunteer.

Getting Started

Long term memberships come with 2 free 30 minute training sessions to be used during your first 30 days of joining. The sessions will help familiarize you with all of our fitness equipment and the proper usage. As well as help you get started on achieving your fitness goals. We want you to get the most out of your YMCA membership and our staff is always available to help out and give advice. Youth ages 9-15 must attend a youth fitness orientation in order to use the fitness center.

We have a team of personal trainers who are all certified and experienced professionals dedicated to helping you achieve your health and fitness goals. Stop by the front desk for more information on our personal training packages and prices.

AWAY Program

Most YMCA's participate in the AWAY (Always Welcome at YMCA's) program. This allows members to visit another YMCA free of charge. Union County Family YMCA allows any active member from another YMCA anywhere in the United States to visit up to twelve (12) times per year. If you are planning on attending another YMCA, we encourage you to call ahead to verify their policies on visiting because each YMCA is independently operated and policies vary by location.

Membership Revocation

While the Union County Family YMCA is a non-profit organization, it is still a private entity. Membership is a privilege – not a right. Any person behaving in a manner that is not consistent with our values and mission may have their membership revoked. All matters will be handled through the Executive Director.

Non-Sufficient Funds Procedure

If your check/ACH draft is returned unpaid, it will be collected electronically and you will be assessed a minimum fee of \$30.00 (or the maximum amount allowed by law). The Union County Family YMCA reserves the right to process again your returned draft payment up to 30 days from date payment is not collected. Check writer is also responsible for all other collection fees.

Benefits of YMCA Membership

Unlimited use of facilities including free racquetball; free land and water fitness classes; reduced program fees; and free special programs related to health and nutrition.

Membership Fees Include

- Two Full Size Gymnasiums
- Eight Lane/ 25 yard Swimming Pool
- 50 ft Warm Water Therapy Pool
- 2 Racquetball Courts
- Fitness Center
- Aerobic Studio
- 6 Locker Rooms (4 family/special needs)
- 2 Free Training Sessions (long term members only)
- Land Exercise Classes - Free to members,
- Water Exercise Classes – Free to Members
- Xbox Connect Corner
- Elevator

- Offsite Gymnastics Center
- Multipurpose Activity Rooms

Frequently Asked Questions

Q. I want to play racquetball, what do I need to do to reserve a court?

A. You may reserve up to one-week in advance of the date in which you want to play by stopping in at the Customer Service Desk or calling the YMCA. Racquetball courts are reserved for one hour time slots on the hour and can be reserved for only one hour each day.

Q. Is there a time limit for use of the machines in the Fitness Center?

A. Yes. We ask that you limit your time on the cardio machines to 30 minutes. During peak hours, these machines are in demand and to be fair to all members, we ask that you limit your time on the machines.

Q. Do I need to swipe my card out as I leave the YMCA?

A. No. You only need to swipe your card when you come into the YMCA. You **must sign-in each time** you come into the YMCA. This is for your safety as well as the safety of other members. If you forget your card, please ask to be entered in manually.

Q. Are the pools and gym always open when the YMCA is open?

A. Occasionally the lap pool, warm water pool and gym may be closed due to other events. Please check for schedules at the Front Desk. Special events, such as swim meets or basketball games, will be posted in advance to alert members that certain areas will be temporarily unavailable.

Q. Can I have my next birthday party or event at the YMCA?

A. The YMCA offers birthday party rentals as well as other room rentals. Stop in at the Customer Service Desk to receive more information.

Q. I have a suggestion or comment for the YMCA, who can I tell?

A. At the Customer Service Desk and on the bulletin board across from the locker rooms are Member Comment Forms. These forms are a great way to give suggestions and comments to the YMCA. We always love to hear from you.

Q. Is gymnastics held at the YMCA?

A. We offer gymnastics, however, it is held at the YMCA Annex (offsite from the main YMCA

building). It is located at 233 W 6th St. in Marysville. You will enter in the through the glass doors and follow the signs to the Gym.

Q. How do I reach someone at the YMCA?

A. You can call the YMCA at 937-578-4250 or you can log onto the Union County Family YMCA website at www.unioncountyyymca.org and e-mail the staff person you need.

Q. What if I have additional questions?

A. Feel free to call the YMCA at 937-578-4250 or stop by the Customer Service Desk on your next visit and we can answer any additional questions you may have.

Important Contact Information

Main Phone Number	937-578-4250
Fax Number	937-644-9703
Website	www.unioncountyyymca.org

All other important contact information and phone numbers can be found at www.unioncountyyymca.org.