



SIGN UP POLICIES

- 1) Kettlebell Pump is a group exercise class offered for free to our YMCA members.
- 2) Members who want to take Kettlebell Pump class must sign up at the front desk to reserve your size of kettlebell.
- 3) Members May only sign up for **(1)** size kettle bell.
- 4) Class participants may arrive and sign in **60 minutes** prior to the posted starting time of each class.
- 5) Any person who has signed up but not arrived for class at the posted starting time of that class forfeits his or her kettlebell. At that point another member who is waiting may use that size kettlebell.